Restrictions

As of 00:00 on 13 June, controls at internal borders in Poland have been lifted and all border crossing points have been opened. The lifting also implies the lifting of sanitary controls and quarantine requirements. Controls are maintained on borders with Russia, Belarus and Ukraine.

Foreign nationals are still banned from entering Poland, but the following categories are exempted from the provision:

- Polish citizens.
- Foreigners who are spouses or children of Polish citizens, or who remain under their constant care.
- Foreigners holding a Polish Card.
- Heads of diplomatic missions and members of the mission's diplomatic and consular staff, i.e. persons with a diplomatic rank and members of their families.
- Foreigners who have the right of permanent or temporary residence in Poland.
- Foreigners who have the right to work in Poland, i.e. foreigners entitled to work under the same conditions as Polish citizens, who have a work permit, a certificate of entry in the register regarding seasonal work, a statement on entrusting work to a foreigner on the territory of the Republic of Poland who:
  - perform work in Poland, or
  - present documents showing that the commencement of work will begin immediately after crossing the border.
- Foreigners who carry out transport operations of persons or goods transiting through Poland, provided the transit is part of their professional activity.
- Drivers performing road transport as part of international road transport or international combined transport travelling through Poland by other means of transport than the vehicle used for road transport in order to (a) take their rest period in the territory of the country of stay or (b) after having taken the rest referred to and after a break in carrying out the work in the circumstances specified in the Act on drivers' working time.

- Pupils and students studying in Poland.

- Citizens and residence permit holders of European Union Member States, European Free Trade Association (EFTA) Member States - parties to the Agreement on the European Economic Area or the Swiss Confederation and their spouses and children, who travel through Poland to reach their place of residence or stay.

The updated border waiting times can be found here: [www.granica.gov.pl](http://www.granica.gov.pl).

*Measures applying to drivers: Health check and quarantine*

As from 23 April, drivers operating in Poland are obliged to wear a face mask whilst they are outside of their cabin. In case there are two people in the cabin, both of them have to wear a face mask whilst driving.

*Relieves*

On 30 May, Poland lifted the transit ban for goods drivers that carried out international transport operations and are passing through the Polish territory with other means of transport in order to reach their place of rest or get back from it. Now, once at the Polish border, those drivers should present an appropriate certificate or a copy of the employment contract, a driving license (or a driving license with code 95), and the driver qualification card or driver’s certificate.

**SOURCE:** ZMPD and DSLV.