**Does conducting activities while traveling reduce the Value of Time?** 

#### **Evidence from a within-subjects designed choice experiment**

Eric Molin

data collected by master thesis student Kingsley Adjenughwure



#### Introduction



## background

- hypothesis
  - conducting activities while traveling reduces the Value of Time (VoT)
- limited empirical evidence
  - Ettema and Verschuren, 2007
  - Malokin et al., 2017
  - Kouwenhoven and de Jong, 2018
  - Varghese and Jana, 2018



#### measurement problem

- unexpected findings:
  - those who work while traveling or bring an ICT device have a <u>higher</u> VoT
- explanation: self-selection
  - those most time-pressured come equipped
- thus: comparing between individuals is problematic
  - a within-subjects design is required



## within-subjects design

- observe choices of same persons in two contexts (Wardman and Lyons, 2016):
  - 1. able to conduct preferred activity
  - 2. not able to conduct preferred activity

• 
$$VoT_{non activity}$$
 -  $VoT_{activity} = VoA$  (Value of Activity)

avoid confoundment with unpleasant travel conditions
 'you forgot to bring equipment'

## objectives

- 1. test the proposed within-subject design approach
- 2. add to evidence for hypothesis that conducting activities while traveling reduces the VoT
- 3. provide VoA estimates:
  - for policy making: appraising investments that aim to reduce the disutility of travel
  - e.g. Internet, electricity, silence wagons



# Experiment & data



## reference trip

- trip purpose of most often made train trip
  - focus: commuters and leisure travelers
- preferred activity (spend most time on)
  working/studying / reading / listening to music
- required equipment



#### stated choice experiment

- observe time & cost tradeoffs for reference trip
  for both activity & non-activity context
- 3 time duration classes:
  - 1. short: 10, 20, 30 minutes, €3, €4.5, €6
  - 2. middle: 35, 50, 65 minutes, €6, €8, €10
  - 3. long: 80, 100, 120 minutes, €8, €12, €16



D-efficient designs, priors from pilot

#### measurement

- two sets of six choices:
  - to avoid memory effects:
    - different time classes per context
    - randomized
  - randomized order for (non-)activity context



#### non-activity context choice task

#### My personal profile

Purpose of my trip:	Commute
Preferred activity:	Reading
Requirements:	Book/paper/something to read

#### Make a choice between the travel options below

Your travel time amounts: Your travel costs amounts: Possibility to read: 20 minutes € 6.00 No, you forgot to bring your book/paper/something to read





#### sample

- 6000 invited from Netherlands Railways (NS) panel
  1580 responses
- of which 820:
  - (1) commuters or leisure travelers(2) conduct any of the 3 selected activities(3) bring equipment



#### Model



#### Value of Time (VoT) space

$$V_i = \beta_T \bullet T_i + \beta_C \bullet C_i$$
 (T=time, C=Costs)

$$VoT = \frac{\beta_T}{\beta_C} \qquad \Longrightarrow \qquad \beta_T = \beta_C \bullet VoT$$

$$V_i = \beta_C \bullet \beta_{VoT} \bullet T_i + \beta_C \bullet C_i$$



## Value of Activity (VoA)

$$VoA = \beta_{VoT_{NAC}} - \beta_{VoT_{AC}} = \Delta \beta_{VoT}$$

$$\beta_{VoT_{AC}} + \Delta \beta_{VoT} = \beta_{VoT_{NAC}}$$

$$V_{i} = \beta_{C} \bullet C_{i} + \beta_{C} \bullet \beta_{VoT_{AC}} \bullet T_{i} + \beta_{C} \bullet \Delta \beta_{VoT} \bullet T_{i} \bullet NAC$$

estimated from pooled data of both conditions NAC: 1= Non Activity Condition; 0=Activity condition

15



#### **Results**



#### MNL model per group

	Commuters					
	Working/stu	dying	Reading		Listening to music	
	Est.	t-value	Est.	t-value	Est.	t-value
VoT <sub>AC</sub> <sup>#</sup>	12.42	13.59	11.22	19.04	10.26	10.56
VoA	6.36	4.37	4.98	5.60	3.63	2.25
VoT <sub>NAC</sub>	18.78		16.20		13.89	
$\beta_c$	-0.263	-9.51	-0.305	-14.25	-0.333	-7.66
% Reduction VoT*	-33.9%		-30.7%		-26.1%	

	Leisure trave	elers				
	Working/stu	dying	Reading		Listening to	music
	Est.	t-value	Est.	t-value	Est.	t-value
VoT <sub>ac</sub> #	6.54	8.99	3.77	10.53	5.74	7.49
VoA	1.16	1.05	3.39	7.31	0.69	0.66
VoT <sub>nac</sub>	7.70		7.16		6.43	
$\beta_c$	-0.616	-6.12	-0.425	-20.91	-0.430	-7.57
% Reduction VoT	-15.1%		-47.1%		-10.7%	
$"VoT_{AC} = \beta_{VoT_{AC}} \bullet$	60; VoA = $\Delta \beta$	<sub>VoT</sub> • 60; V	$oT_{NAC} = VoT_{AC} + VoA$			

\* Reduction VoT = VoA / VoT<sub>NAC</sub> \* 100%

**ŤU**Delft

#### MNL model per group

	Commuters						
	Working/studying		Reading	Reading		Listening to music	
	Est.	t-value	Est.	t-value	Est.	t-value	
VoT <sub>AC</sub> <sup>#</sup>	12.42	13.59	11.22	19.04	10.26	10.56	
VoA	6.36	4.37	4.98	5.60	3.63	2.25	
<b>VoT<sub>NAC</sub></b>	18.78		16.20		13.89		
$\beta_c$	-0.263	-9.51	-0.305	-14.25	-0.333	-7.66	
% Reduction VoT*	-33.9%		-30.7%		-26.1%		

	Leisure trave	elers				
	Working/studying		Reading		Listening to music	
	Est.	t-value	Est.	t-value	Est.	t-value
VoT <sub>ac</sub> #	6.54	8.99	3.77	10.53	5.74	7.49
VoA	1.16	1.05	3.39	7.31	0.69	0.66
<u>VoT<sub>nac</sub></u>	7.70		7.16		6.43	
β <sub>c</sub>	-0.616	-6.12	-0.425	-20.91	-0.430	-7.57
% Reduction VoT	-15.1%		-47.1%		-10.7%	
$* \operatorname{VoT}_{AC} = \beta_{VoT_{AC}} \bullet$	• 60; VoA = $\Delta \beta$	<sub>VoT</sub> • 60; VoT	$_{NAC} = VoT_{AC} + VoA$			

\* Reduction VoT = VoA / VoT<sub>NAC</sub> \* 100%

**ŤU**Delft

# exploring relationships

- single pooled model
  - including the 6 groups
  - effects coding
- interactions of VoA, VoT and  $\beta_c$  with:
  - socio-demographics
  - trip characteristics
  - activity context order



# findings

- socio-demographics
  - none for gender, age, income, education
  - impact only indirect via 6 distinguished groups
- trip characteristics
  - none for frequency, seat, transfer, part activity
  - significant effects for trip duration & who pays
- activity order: significant



#### activity order effect

within-person comparison

between person comparison

VoA=0.43

first context	second context	difference
activity	no-activity	
VoT <sub>AC</sub>	VoT <sub>NAC</sub>	VoA
9.22	13.06	3.84
no-activity	activity	
VoT <sub>NAC</sub>	VoT <sub>AC</sub>	VoA
9.65	7.10	2.54

**TU**Delft

loss

#### endowment effect

- first context = reference
- activity first → travelers 'owns' activity condition
  taking away activity (= loss) has more impact
- cost parameter is not affected: adds to validity



### Conclusions



#### conclusion within-subject approach

- proposed approach
  - observe choices for same persons...
  - ... in both activity and non-activity context
- approach 'works'
  - statistically significant & plausible results
  - within-subject comparison is important



### conclusion VoT reduction

- evidence found for the hypothesis that conducting activities while traveling reduces VoT
- % reduction VoT
  - commuters: work 33.9; read 30.7; music 26.1
  - leisure work 15.1; read 47.1; music 10.7
- commuter results comparable to previous findings



#### conclusions VoA

- VoA estimates higher for commuters
  - commuters: work 6.36; read 4.98; music 3.63
  - leisure: work *1.16*; read 3.39; music *0.69*
- effects:
  - none for socio-demographics
  - lower for travelers who pay themselves
  - activity order activity first (loss): VoA higher



# policy implications

- VoA allows appraisal of investments that improve conducting activities
  - Internet, silence wagons, electricity
  - speed train vs. reliable Internet in China
  - e.g. Tang et al. (2017)
- automated vehicles allow conducting activities
  - decrease VoT expected in future
  - reduced benefits in infrastructure appraisal

# Related work in our group

- PhD. Thesis work of Baiba Pudane who focuses on time use in automated vehicles
- Pudāne, B., Molin E., Arentze, T., Maknoon, Y., Chorus, C. (2018), A Time-use model for the automated vehicle area, Transportation Research, part C, 93, 102-114.
- Pudāne, B., Rataj, M., Molin E., Mouter, N., Cranenburgh, S., Chorus, C., Activity travel behavior in the automated vehicle area: Results from a focus group study, *under review Transportation Research, part D.*



# Thank you for your attention

